

**Recreation Programme  
Course List**

**1st Semester**

CODE	COURSE NAME	M/E	T	P	C	ECTS
İNG127	BASIC ENGLISH I	M	2	2	3	3
SBR141	FUNDAMENTALS MOVEMENT EDUCATION	M	1	2	2	4
SBR175	FOUNDATIONS of SPORT SCIENCES	M	3	0	3	4
SBR177	LEISURE SOCIOLOGY	M	3	0	3	4
SBR179	RECREATION	M	2	0	2	5
SBR181	ANATOMY and PHYSIOLOGY	M	3	0	3	4
TKD103	TURKISH LANGUAGE I	M	2	0	2	2
Total ECTS credits (Must courses)			16	4	18	26
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBE121	BASKETBALL	E	1	2	2	4
SBR143	FOLK DANCE	E	1	2	2	4
SBR145	ELEMENTARY SWIMMING	E	1	2	2	4
SBR147	SPORT CLIMBING	E	1	2	2	4
SBR151	YOGA	E	1	2	2	4
SBR155	AİKİDO	E	1	2	2	4
SBR183	CHESS	E	1	2	2	4
Total ECTS credits (Elective courses)						4
<b>1st Semester Total ECTS</b>						<b>30</b>

## 2nd Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
BEB650	BASIC INFORMATION and COMMUNICATION TECH	M	0	2	1	2
İNG128	BASIC ENGLISH II	M	2	2	3	3
SBR116	PHYSICAL ACTIVITY and HEALTH	M	3	0	3	5
SBR120	SWIMMING TECHNIQUES	M	1	2	2	4
SBR176	EXERCISE PHSOLOGY	M	3	0	3	5
SBR178	ANATOMY and KINESIOLOGY	M	3	0	3	5
TKD104	TURKISH LANGUAGE II	M	2	0	2	2
Total ECTS credits (Must courses)			14	6	17	26
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBR130	CYCLING	E	1	2	2	4
SBR134	DRAMA and ANIMATION	E	1	2	2	4
SBR146	VOLLEYBALL	E	1	2	2	4
SBR156	GO	E	1	2	2	4
Total ECTS credits (Elective courses)						4
<b>2nd Semester Total ECTS</b>						<b>30</b>

### 3rd Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
AİT203	ATATÜRK'S PRIN.& A HIS.of HIS REF.I	M	2	0	2	2
İNG237	ENGLISH III	M	3	0	3	3
SBR217	MOTOR DEVELOPMENT and LEARNING	M	3	0	3	5
SBR241	PHYSICAL ACTIVITY and NUTRITION	M	1	2	2	4
SBR243	FITNESS I: CARDIOVASCULAR ENDURANCE	M	1	2	2	4
SBR245	RHYTHM EDUCATION and DANCE	M	1	2	2	4
SBR275	COACHING	M	3	0	3	4
Total ECTS credits (Must courses)			14	6	17	26
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBE235	HANDBALL	E	1	2	2	4
SBR251	SKIING I	E	1	2	2	4
SBR253	AEROBIC-STEP I	E	1	2	2	4
SBR255	TABLE TENNIS I	E	1	2	2	4
SBR263	JUDO	E	1	2	2	4
SBR277	LIFE SAVING	E	1	2	2	4
Total ECTS credits (Elective courses)						4
<b>3rd Semester Total ECTS</b>						<b>30</b>

## 4th Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
AİT204	ATATÜRK'S PRIN.& A HIS.of HIS REF.II	M	2	0	2	2
İNG238	ENGLISH IV	M	3	0	3	3
SBR112	FIRST AID	M	3	0	3	5
SBR214	FITNESS II STRENGTH	M	1	2	2	4
SBR216	RECREATIVE EDUCATIONAL GAMES	M	1	2	2	4
SBR276	RECREATIONAL LEADERSHIP	M	3	0	3	4
SBR278	RECREATION FOR SPECIAL GROUPS	M	3	0	3	4
Total ECTS credits (Must courses)			16	4	18	26
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBR230	BEACH VOLLEYBALL	E	1	2	2	4
SBR232	STEP-AEROBIC II	E	1	2	2	4
SBR234	TABLE TENNIS II	E	1	2	2	4
SBR236	OUTDOOR SPORTS and CAMPING	E	1	2	2	4
SBR238	TRACK and FIELD	E	1	2	2	4
SBR242	TAEKWONDO	E	1	2	2	4
SBR244	CAPOEİRA	E	1	2	2	4
SBR246	SCOUTING	E	1	2	2	4
Total ECTS credits (Elective courses)						4
<b>4th Semester Total ECTS</b>						<b>30</b>

## 5th Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
SBR317	RECREATION MANAGEMENT and ORGANIZATION	M	3	0	3	5
SBR357	RESEARCH TECHNIQUES	M	2	0	2	4
SBR359	FITNESS III: TESTING	M	2	2	3	6
Total ECTS credits (Must courses)			7	2	8	15
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA321	MOVEMENT ANALYSIS-I	E	2	1	2	4
SBR309	SKIING II	E	1	2	2	4
SBR329	MARKETING and PUBLIC RELATION IN	E	2	0	2	4
SBR331	EXERCISE BIOMECHANICS	E	2	0	2	4
SBR333	SPORTS INJURIES	E	1	2	2	4
SBR339	RECREATION SERVICES IN MUNICIPALITIES	E	2	0	2	4
SBR341	TENNIS I	E	1	2	2	4
SBR343	BADMINTON I	E	1	2	2	4
SBR345	SQUASH	E	1	2	2	4
SBR347	KARATE	E	1	2	2	4
SBR351	SOCCER	E	1	2	2	4
SBR361	PLANNING APPLICATION IN RECREATION	E	2	0	2	4
Total ECTS credits (Elective courses)						15
<b>5th Semester Total ECTS</b>						<b>30</b>

## 6th Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
İST110	STATISTICS	M	2	0	2	3
SBR320	EXERCISE PSYCHOLOGY	M	3	0	3	6
SBR372	FITNESS 4: PROGRAM DEVELOPMENT	M	2	2	3	6
Total ECTS credits (Must courses)			7	2	8	15
CODE	COURSE NAME	M/E	T	P	C	ECTS
İYB282	INTRODUCTION TO BUSINESS	E	3	0	3	5
SBA322	HUMAN MOVEMENT ANALYSIS-II	E	2	1	2	4
SBR280	COMPUTER APPLICATIONS	E	1	2	2	4
SBR326	COMMERCIAL RECREATION and TOURISM	E	2	0	2	4
SBR328	SOCIO-CULTURAL ISSUES IN RECREATION	E	2	0	2	4
SBR330	MASSAGE	E	1	2	2	4
SBR334	EXERCISE PRESCRIPTION	E	2	0	2	4
SBR336	TENNIS II	E	1	2	2	4
SBR338	BADMINTON II	E	1	2	2	4
SBR368	ORIENTEERING	E	1	2	2	4
Total ECTS credits (Elective courses)						15
<b>6th Semester Total ECTS</b>						<b>30</b>

## 7th Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
SBR409	FITNESS SPECIALIZATION I	M	3	2	4	7
SBR415	WORK EXPERIENCE I	M	2	6	5	10
Total ECTS credits (Must courses)			5	8	9	17
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBR417	ACADEMIC RESEARCH PLANNING	E	2	2	3	6
SBR483	VOCATIONAL RESEARCH PLANNING	E	2	2	3	6
SBR485	SPECIALIZATION IN AEROBICS L	E	3	2	4	7
SBR489	SPECIALIZATIONS IN SKIING I	E	3	2	4	7
SBR491	SPECIALIZATION IN TENNIS I	E	3	2	4	7
SBR493	SPECILIZATION SWIMMING I	E	3	2	4	7
SBR495	SPECIALIZATION IN BADMINTON I	E	3	2	4	7
SBR497	SPECIALIZATION IN TABLE TENNIS I	E	3	2	4	7
Total ECTS credits (Elective courses)						13
<b>7th Semester Total ECTS</b>						<b>30</b>

## 8th Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
SBR410	FITNESS SPECIALIZATION II	M	3	2	4	7
SBR416	WORK EXPERIENCE II	M	2	6	5	10
Total ECTS credits (Must courses)			5	8	9	17
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBR418	ACADEMIC RESEARCH APPLICATION	E	2	2	3	6
SBR484	VOCATIONAL RESEARCH APPLICATION	E	2	2	3	6
SBR486	SPECIALIZATION IN AEROBICS II	E	3	2	4	7
SBR490	SKIING SPECIALIZATION II	E	3	2	4	7
SBR492	SPECIALIZATION IN TENNIS II	E	3	2	4	7
SBR494	SPECIALIZATION IN SWIMMING II	E	3	2	4	7
SBR496	SPECIALIZATION IN BADMINTON II	E	3	2	4	7
SBR498	SPECIALIZATION IN TABLE TENNIS II	E	3	2	4	7
Total ECTS credits (Elective courses)						13
<b>8th Semester Total ECTS</b>						<b>30</b>
PROGRAM ECTS SUMMARY						
Years ECTS credits in total for Must Courses						168
Years ECTS credits in total for Elective Courses						72
<b>Sum of ECTS credits required for graduation from the program</b>						<b>240</b>