

**Sport Sciences Programme
Course List**

1st Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
İNG127	BASIC ENGLISH I	M	2	2	3	3
MAT103	BASIC MATHEMATICS I	M	2	0	2	3
SBA103	FUNDEMENTALS of SWIMMING	M	1	3	2	4
SBA105	INTRODUCTION TO SPORT SCIENCE	M	2	0	2	3
SBA109	SPORT BIOLOGY	M	2	2	3	4
SBA145	PSYCHOMOTOR DEVELOPMENT	M	2	0	2	3
TKD103	TURKISH LANGUAGE I	M	2	0	2	2
Total ECTS credits (Must courses)			13	7	16	22
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA121	ARTISTIC GYMNASTICS- I	E	1	3	2	4
SBA123	TRACK and FIELD - I	E	1	3	2	4
SBA127	BASKETBALL-I	E	1	3	2	4
SBA131	SOCCER-I	E	1	3	2	4
SBA133	WEIGHT LIFTING-I	E	1	3	2	4
SBA135	HANDBALL-I	E	1	3	2	4
SBA137	RHYTMIC GYMNASTICS-I	E	1	3	2	4
SBA139	TENNIS-I	E	1	3	2	4
SBA141	VOLLEYBALL-I	E	1	3	2	4
SBA143	SWIMMING-I	E	1	3	2	4
SBR141	FUNDAMENTALS MOVEMENT EDUCATION	E	1	2	2	4
Total ECTS credits (Elective courses)						8
1st Semester Total ECTS						30

2nd Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
BEB650	BASIC INFORMATION and COMMUNICATION TECH	M	0	2	1	2
FİZ198	PHYSICS	M	2	0	2	3
İNG128	BASIC ENGLISH II	M	2	2	3	3
İST110	STATISTICS	M	2	0	2	3
SBA102	FUNDEMENTALS of TRACK and FIELD	M	1	3	2	4
SBA104	FUNCTIONAL ANATOMY	M	2	2	3	2
SBA110	FUNDEMENTALS of GYMNASTICS	M	1	3	2	2
SBA146	SPORTS BIOCHEMİSTRY	M	2	0	2	3
TKD104	TURKISH LANGUAGE II	M	2	0	2	2
Total ECTS credits (Must courses)			14	12	19	24
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA122	ARTISTIC GYMNASTICS- II	E	1	3	2	6
SBA124	TRACK and FIELD - II	E	1	3	2	6
SBA128	BASKETBALL-II	E	1	3	2	6
SBA132	SOCCER-II	E	1	3	2	6
SBA134	WEIGHT LIFTING-II	E	1	3	2	6
SBA136	HANDBALL-II	E	1	3	2	6
SBA138	RHYTMIC GYMNASTICS-II	E	1	3	2	6
SBA140	TENNIS-II	E	1	3	2	6
SBA142	VOLLEYBALL-II	E	1	3	2	6
SBA144	SWIMMING-II	E	1	3	2	6
Total ECTS credits (Elective courses)						6
2nd Semester Total ECTS						30

3rd Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
AİT203	ATATÜRK'S PRIN.& A HIS.of HIS REF.I	M	2	0	2	2
İNG237	ENGLISH III	M	3	0	3	3
SBA205	SPORT PHYSIOLOGY-I	M	1	2	2	3
SBA207	SPORT PSYCHOLOGY-I	M	2	0	2	3
SBA211	KİNANTHROPOMETRY	M	1	2	2	2
SBA215	COACHİNG PEDAGOGY I	M	2	0	2	3
SBA217	MOTOR DEVELOPMENT	M	2	0	2	2
Total ECTS credits (Must courses)			13	4	15	18
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA213	SPORT HİSTORY and OLİMPİZM	E	2	0	2	3
SBA221	ARTISTIC GYMNASTICS-III	E	1	3	2	6
SBA223	TRACK and FIELD-III	E	1	3	2	6
SBA227	BASKETBALL-III	E	1	3	2	6
SBA231	SOCCER-III	E	1	3	2	6
SBA233	WEIGHT LIFTING-III	E	1	3	2	6
SBA235	HANDBALL-III	E	1	3	2	6
SBA237	RHYTMIC GYMNASTICS-III	E	1	3	2	6
SBA239	TENNIS-III	E	1	3	2	6
SBA241	VOLLEYBALL-III	E	1	3	2	6
SBA243	SWIMMING-III	E	1	3	2	6
SBA293	SKIİNG BASİC EDUCATION	E	1	2	2	3
Total ECTS credits (Elective courses)						12
3rd Semester Total ECTS						30

4th Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
AİT204	ATATÜRK'S PRIN.& A HIS.of HIS REF.II	M	2	0	2	2
İNG238	ENGLISH IV	M	3	0	3	3
SBA204	SPORT PHYSIOLOGY-II	M	1	2	2	3
SBA206	SPORT BIOMECHANIS-II	M	2	1	2	3
SBA208	SPORT PSYCHOLOGY-II	M	2	0	2	2
SBA216	COACHİNG PEDAGOGY II	M	2	2	2	3
Total ECTS credits (Must courses)			12	5	13	16
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA222	ARTISTIC GYMNASTICS-IV	E	1	3	2	6
SBA224	TRACK and FIELD-IV	E	1	3	2	6
SBA228	BASKETBALL-IV	E	1	3	2	6
SBA232	SOCCER-IV	E	1	3	2	6
SBA234	WEIGHT LIFTING-IV	E	1	3	2	6
SBA236	HANDBALL-IV	E	1	3	2	6
SBA238	RHYTHMIC GYMNASTICS-IV	E	1	3	2	6
SBA240	TENNIS-IV	E	1	3	2	6
SBA242	VOLLEYBALL-IV	E	1	3	2	6
SBA244	SWIMMING-IV	E	1	3	2	6
SBE318	EDUCATIONAL GAMES	E	1	2	2	5
Total ECTS credits (Elective courses)						14
4th Semester Total ECTS						30

5th Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA301	TRAINING THEORY and PRACTICE-I	M	1	2	2	4
SBA309	FIRST AID	M	2	1	2	3
SBA311	COMPETITIVE PSYCHOLOGY	M	2	0	2	3
SBA329	RESEARCH METHODS	M	2	0	2	3
SBA335	COACHING PEDAGOGY III	M	1	2	2	3
SBA337	GAME and MATCH ANALYSIS	M	2	1	2	3
Total ECTS credits (Must courses)			10	6	12	19
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA313	SPORT MANAGEMENT and ORGANIZATIONS	E	2	0	2	3
SBA321	MOVEMENT ANALYSIS-I	E	2	1	2	4
SBA323	PHYSICAL ACTIVITY and HEALTH	E	2	1	2	4
SBA325	SPORT SOCIOLOGY	E	2	1	2	4
SBA327	AROUSAL THEORIES IN SPORT	E	2	1	2	4
Total ECTS credits (Elective courses)						11
5th Semester Total ECTS						30

6th Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA302	TRAINING THEORY and PRACTICE-II	M	1	2	2	4
SBA308	SPORTS NUTRITION-I	M	3	0	3	3
SBA310	MEASUREMENT and EVALUATION IN SPORT	M	2	0	2	3
SBA312	PHYSICAL FITNESS	M	2	2	3	3
SBA330	COACHING OBSERVATION	M	1	2	2	3
SBA336	CHILD and TRAINING	M	3	0	3	3
Total ECTS credits (Must courses)			12	6	15	19
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA314	SPORTS INJURIES	E	3	0	3	3
SBA320	SPORTS IN HANDICAPPED	E	2	1	2	4
SBA322	HUMAN MOVEMENT ANALYSIS-II	E	2	1	2	4
SBA324	MOTIVATIONAL APPROACHES IN SPORTS	E	2	1	2	4
SBA328	MASSAGE	E	2	1	2	4
Total ECTS credits (Elective courses)						11
6th Semester Total ECTS						30

7th Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA401	TRAINING and MOVEMENT SCIENCE-I	M	3	1	3	4
SBA405	ERGOSPIROMETRY	M	2	1	2	3
SBA409	SPORTS NUTRITION-II	M	2	1	2	4
SBA455	COACHING UTILITY I	M	1	3	2	4
SBA457	RESEARCH PLANNING	M	2	0	2	3
Total ECTS credits (Must courses)			10	6	11	18
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA413	COMPUTER PROGRAMMING	E	2	1	2	6
SBA415	INTRODUCTION TO MOLECULAR EXERCISE PHYS.	E	2	1	2	6
SBA419	SOCIAL PSYCHOLOGY IN TEAM	E	2	1	2	6
SBA421	GAME and MATCH ANALYSIS	E	2	1	2	6
SBA431	ARTISTIC GYMNASTICS-V	E	2	2	3	6
SBA433	TRACK and FIELD-V	E	2	2	3	6
SBA437	BASKETBALL-V	E	2	2	3	6
SBA441	SOCCER-V	E	2	2	3	6
SBA443	WEIGHT LIFTING-V	E	2	2	3	6
SBA445	HANDBALL-V	E	2	2	3	6
SBA447	RHYTMIC GYMNASTICS-V	E	2	2	3	6
SBA449	TENNIS-V	E	2	2	3	6
SBA451	VOLLEYBALL-V	E	2	2	3	6
SBA453	SWIMMING-V	E	2	2	3	6
Total ECTS credits (Elective courses)						12
7th Semester Total ECTS						30

8th Semester

CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA402	TRAINING and MOVEMENT SCIENCE-II	M	3	1	3	4
SBA406	PERFORMANCE ANALYSIS and PLANNING	M	2	0	2	4
SBA456	COACHING UTILITY II	M	1	3	2	4
SBA458	RESEARCH UTILITY	M	3	2	4	8
Total ECTS credits (Must courses)			9	6	11	20
CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA412	INTRODUCTION TO BIOMECHANICAL MODELLING	E	2	1	2	6
SBA414	PHYSIOLOGY of ELITE ATHLETES	E	2	1	2	6
SBA416	SPORT and OLIMPISM	E	2	1	2	6
SBA418	MENTAL TRAINING IN SPORTS	E	2	1	2	6
SBA432	ARTISTIC GYMNASTICS-VI	E	2	2	3	6
SBA434	TRACK and FIELD-VI	E	2	2	3	6
SBA438	BASKETBALL-VI	E	2	2	3	6
SBA442	SOCCER-VI	E	2	2	3	6
SBA444	WEIGHT LIFTING-VI	E	2	2	3	6
SBA446	HANDBALL-VI	E	2	2	3	6
SBA448	RHYTMIC GYMNASTICS-VI	E	2	2	3	6
SBA450	TENNIS-VI	E	2	2	3	6
SBA452	VOLLEYBALL-VI	E	2	2	3	6
SBA454	SWIMMING-VI	E	2	2	3	6
Total ECTS credits (Elective courses)						10
8th Semester Total ECTS						30

Any Semester/Year

CODE	COURSE NAME	M/E	T	P	C	ECTS
SBA219	BADMINTON BASIC EDUCATION	E	1	2	2	3
SBA245	BASKETBALL BASIC EDUCATION	E	1	2	2	3
SBA247	LIFESAVING	E	1	2	3	3
SBA249	SOCCER BASIC EDUCATION	E	1	2	2	3
SBA289	WEIGHTLIFTING BASIC EDUCATION	E	1	2	2	3
SBA291	HANDBALL BASIC EDUCATION	E	1	2	2	3
SBA295	STEP-AEROBİK	E	1	2	2	3
SBA297	TENNIS BASIC EDUCATION	E	1	2	2	3
SBA299	VOLLEYBALL BASIC EDUCATION	E	1	2	2	3
SBR246	SCOUTING	E	1	2	2	4
SBR368	ORIENTEERING	E	1	2	2	4
PROGRAM ECTS SUMMARY						
Years ECTS credits in total for Must Courses						156
Years ECTS credits in total for Elective Courses						84
Sum of ECTS credits required for graduation from the program						240